

USA ACA ICF K1 Marathon Nationals - 2022 Results

Brooks Lake, Sugarland, Texas

April 30, 2022

Sponsors: n/a

First Name	Last Name	Lane #	Lap 1	Lap 2	Lap 3	Lap 4	Lap 5	Lap 6	Lap 7	Lap 8	Time	Place	Pace (kph)	Pace (mph)
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Mens Senior - 8 laps, 14.48 miles, 23.3 km

Jesse	Lischuk	n/a	0:14:26	0:28:46	0:42:51	0:57:06	1:11:28	1:25:51	1:39:51	1:53:32	1:53:32	1	12.31	7.65
Tommy	Yonley	n/a	0:14:26	0:28:46	0:42:52	0:57:05	1:11:31	1:25:52	1:39:52	1:53:38	1:53:38	2	12.30	7.64
Nathan	Humbertson	n/a	0:14:26	0:28:46	0:43:14	0:58:07	1:13:23	1:28:36	1:43:45	1:58:27	1:58:26	3	11.80	7.33
Mike	Herbert	n/a	0:15:11	0:30:18	0:45:04	1:00:22	1:15:23	1:30:23	1:45:55	2:01:15	2:01:15	4	11.53	7.16
Tim	Rask	n/a	0:15:11	0:30:19	0:45:05	1:00:21	1:15:32	1:30:23	1:45:57	2:01:16	2:01:16	5	11.53	7.16
Jonathan	Yonley	n/a	0:15:11	0:30:29	0:45:09	1:00:23	1:19:00	1:31:30	1:44:24	2:04:00	2:04:00	6	11.28	7.01
Alex	Leonard	n/a	0:15:38	0:34:20	0:51:38	1:08:49	1:28:36	1:43:44	2:01:15	2:19:14	2:19:14	7	10.04	6.24

Women Senior - 7 laps, 12.74 miles, 20.5 km

Kait	McElroy	n/a	0:16:10	0:31:41	0:46:33	1:01:48	1:17:03	1:33:25	1:50:05		1:50:05	1	11.17	6.94
Savanna	Wright	n/a	0:18:11	0:35:38	0:53:03	1:10:14	1:27:39	1:44:54	2:02:28		2:02:28	2	10.04	6.24
Rachelle	Brown	n/a	0:18:36	0:37:31	0:56:23	1:15:10	1:34:19	1:54:14	2:14:58		2:14:58	3	9.11	5.66
Loukia	Lili	n/a	0:19:33	0:39:35	0:59:01	1:18:56	1:38:37	1:59:03	2:18:29		2:18:29	4	8.88	5.51

Mens Master- 7 laps, 12.74 miles, 20.5 km

Mike	Herbert	n/a	0:15:11	0:30:19	0:45:04	1:00:22	1:15:23	1:30:23	1:45:55		1:45:55	1	11.61	7.22
Tim	Rask	n/a	0:15:11	0:30:19	0:45:05	1:00:21	1:15:32	1:30:23	1:45:57		1:45:57	2	11.61	7.21
Steve	Rask	n/a	0:17:53	0:34:29	0:52:21	1:09:50	1:27:14	1:43:30	2:05:20		2:05:20	3	9.81	6.10

Mens Junior - 6 laps, 11.00 miles, 17.7 km

Kyle	Issendorf	n/a	0:16:37	0:33:58	0:49:14	1:06:05	1:27:40	1:40:02			1:40:02	1	10.62	6.60
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Conditions

Start Time: Temp: 77F
End Time: Temp: 81F

Wind: 8 mph
Wind: 11 mph

Pace Calculator: [link](#)